

**3rd European Taekwon-do Cup
9th-11th October 2009
Lublin, Poland**

Application Form

POL



School: CzAT Częstochowa

No	Family Name & First Name	Starting#	Birth Date	Sex	Age Group	Class	Degree	Pattern	Sparring	Team Patt	Team Spar
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1.	Nowak, Aleksandra	0464	02.02.1983	F	SEN	ADV	1 DAN	☒	+70		
2.	Góra, Tomasz	0465	20.11.1989	M	SEN	COL	4 GUP	☒	-54		

Head of Delegation: